



JUGNU BHANGRA



Vaisakhi is a special celebration for all Sikhs - commemorating the anniversary of the birth of the Khalsa. It is also the Sikh New Year; harvest festival time in Punjab; and marks an incredible forty four years since Jugnu was formed.

As with all birthdays, it gives the chance to look back over the successes of 2013/14 and to look forward to the year ahead.

Jugnu have gone from strength to strength. We particularly would want to recognise and say thank you to:
 our choreography team led by Surinder Dhinsa - Raman and Ricky
 our new group of Jugnu Juniors (see photos) are showing considerable promise and commitment and to our Ladies Bhangra Fitness Class which continues to grow in size and popularity. This Wednesday evening class is suitable for all ages.



JUGNU JUNIORS



The Bhangra pag is not tied the same way as a Sikh pag. It was first tied rural styled farmers who worked the land. The Pag holds a very special meaning in Punjab - it is the sign of pride and honor.



For more Jugnu pictures see: www.jugnubhangra.com/gallery

The highlight of the past year was our return to Veliko Tarnovo International Festival, Bulgaria. Jugnu had performed there, with an all male team, in 2005. We returned in 2013 with an all-star, mixed group of twenty four male and female dancers - and were a huge success.

Bulgaria gave us many opportunities to show our individual talents. One event was a 'Miss Festival' competition. All of the countries took part, with 'India' (Jugnu) being represented by Jasmin Atwal, Priya Bains and Sabrina Rai.

Sonja Ganja said: "it was a wonderful feeling when India got through to the top three candidates. There was an amazing crowd and it was a lovely day. When India was called out as the winner - it was sensational! Finally, it was Jasmin Atwal who was announced as 'Miss Festival 2013 - from India'. She truly made Jugnu proud - let's hope that we can win another Miss Festival, in Istanbul this summer".

First ever bhangra routine was performed in 300 BC

Jugnu Bhangra Group's first international trip was to Toronto, Canada in 1981

Bhangra became popularized chiefly due to the Sikh community who helped to integrate the music and dance into the Bollywood film industry

Jugnu Bhangra Group has been on over 32 International Tours.



SONIA GANJA DANCER

Bulgaria was an amazing experience that I thoroughly enjoyed. Dancing in a foreign country and being involved in their routines during festivals is a wonderful feeling, as well as meeting various people from different countries. This year we have the privilege of going to Turkey. I am really excited, and hopefully it will be a great trip for 2014!



ARJUN GILL DANCER

Bulgaria was my 6th trip as a senior dancer and it was one of the most enjoyable trips that I had been on. I look forward to conquering Turkey in the summer of 2014.



LADIES FITNESS CLASSES

Over the last two years, Jugnu's ladies fitness class has continued to grow in size and popularity and now has an average regular attendance of 16-18 ladies. Suitable for all ages (we currently range from 7 -45+ years) and abilities, the sessions vary from dhol to music focused routines and exercises, providing a great cardio workout that help you lose weight and get fit!

The fun and comfortable environment of the classes has allowed bhangra to be introduced to a wider community and Jugnu are proud to have ladies from a variety of backgrounds now attending regularly.

MISS FESTIVAL
 VELIKO TARNOVO
 INTERNATIONAL FESTIVAL
 BULGARIA

DANCER JASMIN ATWAL



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